

Ram Island Yacht Club
Austin LaFrance Opti Regatta
July 23rd, 2019
Sailing Instructions

1. Rules ~This regatta will use the 2017-2020 Racing Rules of Sailing, the prescriptions of US Sailing, the rules of the Optimist Class, the Notice of Race, or unless modified by these sailing instructions.

2. Schedule~ A maximum of six (6) races are scheduled. One race constitutes a regatta.

0830-0930: Registration & Rigging

0930: Skippers Meeting

10:00 Harbor Start for RWB Fleet/10:15 Harbor Start for Green Fleet

No warning signal will be made after 3:30 pm.

The awards ceremony will be held after racing.

3. Racing Area-The Red, White, & Blue racing area will be east of Groton Long Point. The Green Fleet racing area will be southeast of the club, towards Mason's Island

4. Protests- a competitor wishing to protest must hail 'protest' and the sail number to the boat that fouled them, and inform the race committee. Completed protest forms must be brought to the race committee within 30 minutes of the RC boat docking. Hearings will be held as soon as possible.

5. Safety- all competitors must wear a properly fitting U.S.G.C approved PFD *at all times* when on the water or on the docks. Each boat must follow the Optimist Class Rules. If a competitor leaves the racing area early, he/she or the coach must notify the race committee.

6. Courses-The courses are shown below in Appendix A.

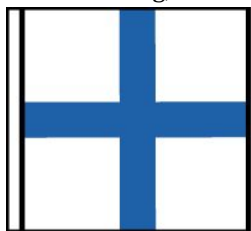
7. Marks -Marks will be inflatable marks.

Green Fleet Only- will use inflatable animals as marks

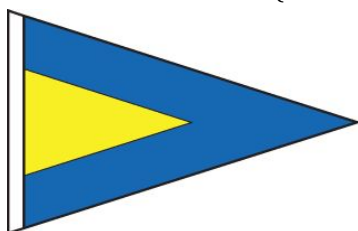
The starting marks will be an orange flag on the race committee boat and an orange buoy, or an orange flag on a pin boat.

8. The Start- 3-minute dinghy starts will be used

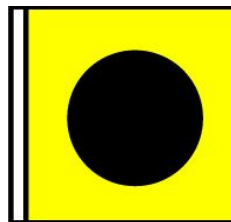
9. Recalls- Individual Recalls will be signaled by Code Flag X and one sound signal. The Race Committee will attempt to hail sail numbers of boats over early. Failure to acknowledge that hail will not be considered grounds for redress. General Recalls will be signaled with First Substitute and 2 sound signals and the First Substitute flag, followed by the institution of Rule 30.1 (Round an End) accompanied by Code Flag I.



Code X Flag
(Individual Recall)



First Substitute
(General Recall)



Code I Flag
(Round-the-Ends Rule)

10. The Finish The finishing line will be between an orange flag on a race committee boat and the finishing mark or nearby mark or orange flag on a second finish boat.

11. Time Limit-The time limit for the first boat in each division in each race to finish will be 45 minutes. Those boats that do not finish within 30 minutes of the first boat's finish will be scored 'Time Limit Expired'.

12.Support Craft-Spectator boats shall stay clear of the race area(s) at all times. Coaching may occur only between races, up to the warning signal. The Race Committee may remove coaches or spectators that are impeding fair competition, or operating in an unsafe manner. All coaches are expected to help any sailor in distress, regardless of club affiliation.

13. Scoring ~The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will be used. If 6 races are sailed, the worst score will be dropped. "Overall" scoring will be used, with the fleet prizes determined by overall position.

14. Prizes - Prizes will be awarded to the top 5 finishers in the White, Blue and Red Fleet. All green fleet participants receive participation awards.

15. Trash- Competitors are required to dispose of their trash properly. Littering of wrappers, water bottles, etc. will be grounds for disqualification.

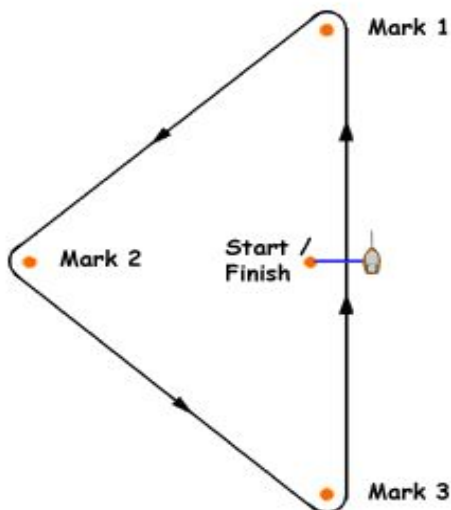
16. Responsibility For Safety, Designated Adult:

Each competitor shall have a designated adult present at the regatta. More than one child may choose the same adult, if the adult is comfortable with the additional responsibility. It is the decision of the adult and child whether or not to compete, based on the child's experience, skill level, and weather conditions.

17. Disclaimer of Liability- Competitors and their parents/guardians participate in the regatta entirely at their own risk. See Rule 4: Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix A: Courses

Course T: modified triangle



Course W: Windward - offset - leeward - finish

